



Gaeilge- Do Theanga Dhúchais Tá sé tabhachtach go ndéanann tuismitheoirí iarracht ar maidin agus trathnóna cúpla focail Gaeilge a labhairt. It is important for the children to see their parents making an effort to use what Irish they have in the morning and afternoon. Bí bróduil as do theanga- Be proud of your native language. Maidin maith- Good morning Dia dhuit- Hello Dia is Muire duit- Hello (reply) Go raibh maith agat - Thank you Go raibh mile- Thanks a million Slán leat-Goodbye Bí ag Léamh-Reading Books Tá sé fíor thabhachtach go mbeidh na páistí ag caitheamh ám ag léamh sa bhaile .Caith na screens ar leataobh agus bí ag caint agus ag léamh le do pháistí. It is obvious to all of us that children in general have spent a lot of time on screens and it is very important that they spend as much time as possible reading books, particularly last thing at night. Please limit TV/screen time. Spending time talking and reading with children has far reaching positive outcomes.

